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## WHAT IS CLAIMED IS:

- 1. A wrist band comprising a band for the wrist having a major longitudinal axis along a substantial portion of the length of the band and having two ends, the two ends each having a minor axis which is disposed at an angle to the major longitudinal axis, the ends further forming a substantially perpendicular intersection with the minor axes, the band being adapted to connect to an object to be attached between the ends to be worn at the wrist, whereby the angle between the minor axes at the ends is less than 180°.
- 2. The wrist band of claim 1, wherein the ends form straight lines perpendicular to the minor axes.
- 3. The wrist band of claim 1, wherein the object comprises a wrist watch.
- 4. The wrist band of claim 1, wherein the ends each form a loop for attachment to a hinge pin of the object.
- 5. The wrist band of claim 1, wherein the ends have screws for attachment to the object.
- 7 6. The wrist band of claim 1, wherein the band can be worn beneath a sleeve of a long sleeve shirt at the wrist of a wearer with the object exposed to view uncovered by the sleeve.
- 7. The wrist band of claim 1, wherein the band has two sides, one side being wider than the other side when the band is assembled and worn.

- 8. The wrist band of claim 7, wherein the band when worn has an approximately frusto-conical shape.
- 9. A wrist watch comprising a band for the wrist having a major longitudinal axis along a substantial portion of the length of the band and having two ends, the two ends each having an axis which is disposed at an angle to the longitudinal axis, the ends further forming a substantially perpendicular intersection with the minor axes, the band connecting to a timepiece between the ends to be worn at the wrist, whereby the angle between the minor axes at the ends is less than 180°.
- 10. The wrist watch of claim 9, where the ends form straight lines perpendicular to the minor axes. /
- 11. The wrist watch of claim 9, wherein the ends each form a loop for attachment to a hinge pin of the timepiece.
- 12. The wrist watch of claim 9, wherein the ends have screws for attachment to the timepiece.
- 13. The wrist watch of claim 9, wherein the band can be worn beneath a sleeve of a long sleeve shirt at the wrist of a wearer with the timepiece exposed to view uncovered by the sleeve
- The wrist watch of claim 9, wherein the band has two sides, one side being wider than the other side when the band is assembled and worn.

- 15. The wrist watch of claim 7, wherein the band when worn has an approximately frusto-conical shape.
- 16. A wrist band comprising a band for the wrist wherein the band, when assembled and worn, has an approximately frusto-conical shape.
- 17. The wrist band of claim 16, further wherein the band has a major longitudinal axis along a substantial portion of the length of the band and having two ends, the two ends each having a minor axis which is disposed at an angle to the major longitudinal axis, the ends further forming a substantially perpendicular intersection with the minor axes, the band being adapted to connect to an object to be attached between the ends to be worn at the wrist, whereby the angle between the minor axes at the ends is less than 180°.
- 18. A wrist watch comprising a band for the wrist and a timepiece, wherein the band, when assembled and worn, has an approximately frusto conical shape.
- 19. The wrist watch of claim 18, further wherein the band has having a major longitudinal axis along a substantial portion of the length of the band and having two ends, the two ends each having an axis which is disposed at an angle to the longitudinal axis, the ends further forming a substantially perpendicular intersection with the minor axes, the band connecting to the timepiece between the ends to be worn at the wrist, whereby the angle between the minor axes at the ends is less than 180°.